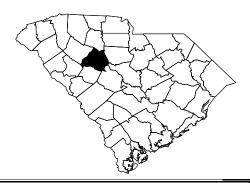


### Diabetes In

## Newberry County, 2012



Produced by the South Carolina Department of Health and Environmental Control

#### Impact of Diabetes in the United States

# ■ Diabetes affects 25.8 million Americans and contributes to approximately 231,000 deaths a year.

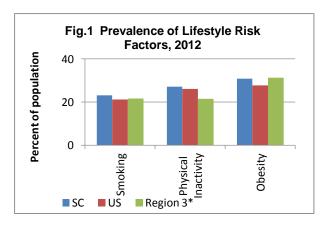
- Diabetes is becoming more common in the United States. From 1980 through 2011, the number of Americans with diagnosed diabetes has more than tripled (from 5.6 million to 20.9
- The direct and indirect costs of diabetes in the U.S. were nearly \$174 billion in 2008.
- 69,701 people died of diabetes in the U.S. in 2010.

#### **Diabetes in South Carolina**

- Approximately 421,549 adults in South Carolina are diagnosed with diabetes. African Americans have a 42% higher prevalence than Whites.
- The total direct costs of hospitalizations and emergency room visits were over \$4.7 billion in 2012.
- Diabetes is the seventh leading cause of death in South Carolina, claiming 1,186 lives in 2012

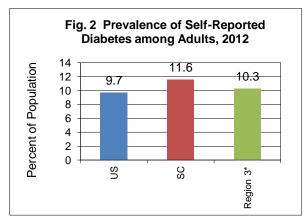
#### **Behavioral Risk Factors**

Major behavioral risk factors, such as obesity and physical inactivity are partially responsible for development of type 2 diabetes (Fig 1).



#### **Diabetes Prevalence**

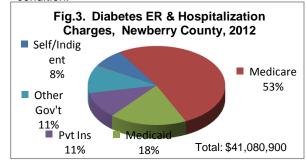
An estimated 10.3% of adults in Region 3 suffer annually from diabetes (Fig 2).



\*County-level BRFSS not available for 2012.

#### **Hospital and Emergency Room Discharges**

- In 2012, there were 73 hospitalizations for diabetes in Newberry County for all ages.
- There were an additional 915 hospital discharges with diabetes-related conditions in Newberry County.
- In 2012, there were 160 emergency room (ER) visits for diabetes as the primary diagnosis, among which 97 (61%) were by African-American patients.
- There were 2456 ER visits for diabetes as a related condition.



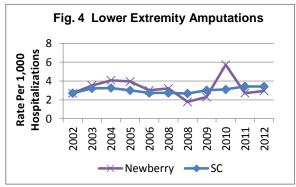
Medicare paid 53% of ER and Hospitalization charges for Newberry County (Fig 3).

#### **Complications**

- 43% of patients hospitalized in SC for diabetes had complications in 2012; 39% of hospitalizations in Newberry County (Table 1).
- In 2011, more than 74% of people in SC with diabetes had hypertension, compared with only 30% of people without diabetes.

Table 1. Hospitalizations for Diabetes Complications in Newberry County in 2012			
Diabetes Complication	Hospital Admissions	Percent of Diabetes Hospital Admissions	Total Charges
Renal Failure	295	30%	\$12,477,500
Lower Extremity Amputation	14	1%	\$772,900
Ketoacidosis	42	2%	\$1,233,900
Retinopathy	29	3%	\$1,548,300

- In 2011, more than 67% of people with diabetes had high cholesterol.
- 2012, the rates for lower extremity amputations among blacks in SC were 3times the rates among whites.



#### For More Information about diabetes contact:

Division of Diabetes, Heart Disease, Obesity and School Health DHEC Bureau of Community Health and Chronic Disease Prevention

http://www.dhec.sc.gov/health/chcdp/diabetes/index.htm (803) 898-1635

Diabetes Initiative of South Carolina http://www.musc.edu/diabetes/

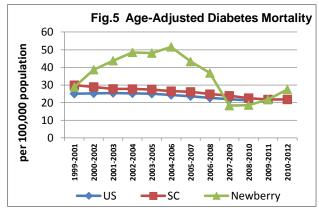


Generated by: Division of Chronic Disease Epidemiology, Bureau of Community Health and Chronic Disease Prevention

http://www.scdhec.gov/hs/epidata/state\_reports.htm

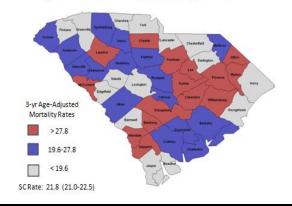
#### **Mortality**

- Diabetes is the seventh leading cause of death in Newberry County.
- A total of 10 people in Newberry County died from diabetes in 2012.



- The Newberry County mortality rate was 21.3/100,000 in 2012, below the state average.
- Newberry County ranks #16 in diabetes mortality in South Carolina 2010-2012.

Fig. 6 Diabetes Mortality 2010-2012



#### Data Sources:

#### **Behavioral Risk Factors and Diabetes Prevalence:**

SC BRFSS

http://www.scdhec.gov/administration/phsis/biostatistics/brfss/

#### **Mortality Data:**

Vital Statistics, DHEC Division of Biostatistics 803-898-3627



#### **Hospital Discharges and ER Visits:**

Office of Research and Statistics SC Budget and Control Board (803) 898-9940



For more details, please view the Technical Document below www.scdhec.gov/health/epidata/docs/EpiTechNotes.pdf